



BELLNUNNALLY

Meredith N. Palmer

Associate

mpalmer@bellnunnally.com

214-740-1467



UNDERSTANDING THAT EACH CLIENT'S SITUATION IS UNIQUE, MEREDITH APPROACHES MATTERS WITH A THOUGHTFUL AND THOROUGH ANALYSIS, LEADING TO SOLUTIONS TAILORED TO THEIR SPECIFIC NEEDS.

Meredith, a detail-oriented member of the Bell Nunnally litigation team, has experience in a variety of litigation matters, such as those involving employer-employee disputes, general business disputes, contract interpretation and enforcement, and restrictive covenants, among other areas. She advises clients in various aspects of labor and employment, including ERISA-related issues and arbitration agreements. Meredith also prepares injury benefit plans for employers who choose to opt out of workers compensation in Texas and assists with plan rollouts.

In law school, Meredith served as a judicial intern to the Honorable Jeffrey Vincent Brown of the Southern District of Texas, and she served as a staff editor and then editor-in-chief for the SMU Science and Technology Law Review. She also has experience as a summer associate and intern in private practice and for the U.S. Office of Special Counsel. Through these diverse experiences, she has conducted research on topics as varied as criminal defenses, court opinions, regulations, rules and administrative decisions, and executive orders. Prior to law school, Meredith had experience as a marketing and communications intern for the Greater Waco Chamber of Commerce and as a public and alumni relations intern for Baylor Law School.

Representative Experience

- Successfully fended off a request for preliminary injunction in a matter related to the music of a prominent deceased musical artist.

Noteworthy

- Named to *The Best Lawyers in America*® "Ones to Watch" List, 2025

Activities & Memberships

- Dallas Bar Association
 - Member
- State Bar of Texas
 - Member
- Dallas Association of Young Lawyers
 - Member

Publications

- "Dallas Federal Court Tackles ERISA's Fiduciary Standards for Financial Management and ESG Investment," Bell Nunnally Client Alert, co-author; February 13, 2025.
- "NLRB Issues Memoranda on Monetary Damages Available to Noncompete and "Stay or Pay" Agreements," Bell Nunnally Client Alert, co-author; December 2, 2024.
- "Two Recent ERISA Lawsuits Illustrate the Importance of Vigilant Benefit Plan Management," Bell Nunnally Client Alert, co-author; April 10, 2024.
- "Manual of Credit and Commercial Laws 112th Edition, Update of Texas Law Chapters on Liens, Bonds and Trust Funds," National Association of Credit Management, co-author; 2023.

Credentials

Education

- JD, Southern Methodist University Dedman School of Law, 2023
- Bachelor of Journalism, The University of Texas at Austin, 2020

Admissions

- Texas
- United States District Courts for the Eastern and Northern Districts of Texas